

# Day Care Centres

Age Concern Isle of Man has five Day Care Centres on the Island, located in Douglas, Peel, Ramsey, Onchan and Port Erin.

The aim of the centres is to help the older generation enjoy their life more on a daily basis and to remain independent for as long as possible.

We have so much on offer to help you enjoy your day at one of our Centres. Activities include games, crafts, social gatherings and excursions. We want you to have fun, make new friends and share in the sense of community.

You do not even have to worry about getting to and from the Day Care Centres: you will be picked up by one of our specially equipped mini buses. And during your stay you will be able to enjoy a hot meal and drink.

So please don't sit at home alone. Come and see lots of warm, friendly faces (including the staff). We want you to have a pleasant day with us so please come along and find out for yourself how you can find fun and friendship close to home.

**AGE**  
*Concern*  
**ISLE of MAN**



[www.ageconcerniom.com](http://www.ageconcerniom.com)

A few great reasons to contact us and arrange to come along to your nearest day care centre:

- Social interaction
- A variety of activities
- Trips out
- Transport to and from your home
- Lots of friendly people!

*"I was lonely and was considering going into a residential home, so I contacted Age Concern for advice. They invited me to join one of their groups at the Day Care Centre. Now I am no longer isolated, I have lots of friends and have decided to stay in my own home."*

Call Helen Champion, our Day Centre Manager, on 817263 or on her mobile 402197.

